



## GET READY FOR YOUR CLOSE UP

### // WARDROBE //

Pictures from magazines of makeup and hair styles that you like are always helpful to bring with you. It gives me an idea of the type of look you are going for. Bringing or sending me ideas from your Pinterest boards helps too. Bring at least 5-6 outfits including shoes and accessories. We will work together to put the look that you want! Don't worry if you don't have complete outfits, what's important is that you love and feel comfortable in it but be mindful to take your outfits to the next level. Accessories and shoes are just as important. It all counts. Avoid tops with big lettering and or logos. Be mindful of undergarments too. Feel free to chat with me beforehand about any outfits that you are thinking about if that helps you, I'm here to help.

### // EXFOLIATE //

Exfoliate with a physical exfoliator at least 2 days to your session. It will help reduce dry patches and texturing with helps with smooth makeup application. Make sure that it is a product you have used in the past – an allergic reaction to a new product is not fun!

### // SQUEAKY CLEAN & HIGHLY HYDRATED //

Wash your face thoroughly before your session and apply a hydrating moisturizer. The foundation will apply more evenly if your face is pressed and ready before any make up is applied. Also be sure to prep your nails. Use nude or neutral nail colors, unless you use a color that can be used with all your outfits. Be mindful of your toes, too...you just might be barefoot!

### // SAY NO TO SALICYLIC ACID //

Try to avoid using new products containing salicylic acid at least 3 days before your appointment as it severely dries out the skin. Most acne skin cleansers have this in their products. Just be careful to not introduce new products to your skin to avoid any allergic reactions.

### // STAY WIDE NECKED //

Be sure to wear a loose, light colored shirt with a large neck-hole or button up for easy removal after your makeup and hair is done if you're going that route.

### // WOW WITH YOUR BROWS //

Try not to get your eyebrows waxed for at least a week before your session. It tends to cause a lot of redness and swelling. In some cases even some scabbing occurs. This goes for underarms and legs too.

### // SLEEPING BEAUTY //

Be sure to get a good night's rest prior to your session date... there is nothing attractive about puffiness and bags under your eyes. It will also give you lots more energy for your session itself and you will be able to enjoy the experience that much more.

### // PORCELAIN PERFECTION //

Don't tan in the natural sun or tanning beds for an entire 2 weeks before your session. You could appear really red or even sun burned. If you are going to use a spray tan, it's best to do it at least 3-4 days prior to your session.

### // LIP SERVICE //

For the entire week before your session, use your toothbrush to brush your lips vigorously. Then apply Vaseline or Mentholatum (lip balm) to your lips and sleep in it. This will make your lips smooth and ready for lipstick. Chapped lips look awful in camera (and let's face it, in life too). Hydration helps with this as well...drink that water!

## THINGS TO BRING TO PRE – CONSULTATION

Outfits, Shoes & Accessories  
Ideas (ideas for props too!)

Questions - call me  
801.558.2051